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## ATHLETICS

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The Official Special Olympics Sports Rules for Athletics shall govern all Special Olympics competitions. As an international sports program, Special Olympics has created these rules based upon International Association of Athletics Federations (IAAF) rules for athletics found at <http://www.iaaf.org/>. IAAF or National Governing Body (NGB) rules shall be employed except when they are in conflict with the Official Special Olympics Sports Rules for Athletics or Article I. In such cases, the Official Special Olympics Sports Rules for Athletics shall apply.

An athlete with Down syndrome who has been diagnosed with Atlanto-axial instability may not participate in the pentathlon and high jump events.

### SECTION A—OFFICIAL EVENTS

The following is a list of official events available in Special Olympics.

The range of events is intended to offer competition opportunities for athletes of all abilities. Programs may determine the events offered and, if required, guidelines for the management of those events. Coaches are responsible for providing training and event selection appropriate to each athlete's skill and interest.

#### Track Events

1. 25 Meters
2. 50 Meters
3. 100 Meters
4. 200 Meters
5. 400 Meters
6. 800 Meters
7. 1500 Meters
8. 3000 Meters
9. 5000 Meters
10. 10,000 Meters
11. Hurdle events
  - a. Men 110 Meters
  - b. Women 100 Meters
12. 4 x 100 Meter Relay
13. 4 x 400 Meter Relay
14. 4 x 100 Meter Unified® Sports Relay
15. 4 x 400 Meter Unified Sports Relay

#### Field Events

16. Long Jump
17. Standing Long Jump
18. High Jump
19. Softball Throw
20. Ball Throw for Distance (tennis ball)



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### 21. Shot Put

- a. Men: 4.0 kg/ 8.8 lbs.
- b. Women: 3.0 kg/ 6.6 lbs.
- c. Men (8–11 years): 3.0 kg/ 6.6 lbs.
- d. Women (8–11 years): 1.81 kg/ 4 lbs.

### 22. Mini-Javelin

- a. Men: 400g
- b. Women: 300g
- c. Men and Women (8–15 years): 300g

### Combined Events

23. Pentathlon (100 Meters, Long Jump, Shot Put, High Jump, 400 Meters)

### Race Walking Events

24. 25 Meter Walk

25. 50 Meter Walk

26. 100 Meter Walk

27. 400 Meter Walk

28. 800 Meter Walk

### Assisted Walk Events

29. 10 Meter Assisted Walk

30. 25 Meter Assisted Walk

31. 50 Meter Assisted Walk

### Wheelchair Events

32. 10 Meter Wheelchair Race

33. 25 Meter Wheelchair Race

34. 30 Meter Wheelchair Slalom

35. 4 x 25 Meter Wheelchair Shuttle Relay

36. 30 Meter Motorized Wheelchair Slalom

37. 50 Meter Motorized Wheelchair Slalom

38. 25 Meter Motorized Wheelchair Obstacle Race

39. 100 Meter Wheelchair Race

40. 200 Meter Wheelchair Race

41. 400 Meter Wheelchair Race



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## 42. Wheelchair Shot Put

- a. Men 1.81 kg/ 4 lbs.
- b. Women 1.81 kg / 4lbs.

**Road Races**

## 43. Half Marathon

## 44. Marathon

**SECTION B – RULES OF COMPETITION****1. General Rules and Modifications for Track Events**

## a. Use of blocks and starting race

- 1) In races up to and including the 400 meters, the athletes have the option of using or not using blocks.
- 2) In competition, regardless of whether the athletes are using blocks in races 400 meters or below, the commands of the starter in English, French or in his/her own language shall be “on your marks,” “set” and, when all competitors are set, the gun shall be fired.

NOTE: In ALL International competitions the commands of the starter shall be given in English.

- 3) In races 800 meters or longer, the commands shall be “on your marks” and, when all competitors are steady, the gun shall be fired. A competitor shall not touch the ground with his/her hand(s).
- 4) Starting races longer than 400 meters:
  - a) 800 meters distance: Runner will run in the lanes through the first turn and break toward lane one at the breakline marked after the first turn.
  - b) 1500 meters and greater distances: A waterfall start shall be used.

## 5) Starting Relays

- a) 4 x 400 meters: A three-turn stagger will be used for the start. The first leg will be run entirely in lanes. The second leg runner will start in his/her lane and break toward lane one at a breakline marked after the first turn. In the 4 x 400 meters relay where not more than four teams are competing, it is recommended that only the first bend of the first lap should be run in lanes. In a given competition, however, all races of 4 x 400 meters relay shall be run only in one of the above mentioned formats.

## 6) The starter shall give each competitor a chance to do his/her best by:

- a) Giving the competitors ample time to settle down after taking their marks;
- b) Starting the sequence over if any runner is off-balance; and
- c) Not holding the runners too long after the set command.

## 7) False Starts

An athlete who is charged with two false starts in the same race will be disqualified from that race.

## b. Lane Violations

- 1) In all races run in lanes, each competitor shall keep within his/her allocated lane from start to finish.
- 2) If a competitor is pushed or forced by another person to run outside his/her lane, and if no material advantage is gained, the competitor should not be disqualified.



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- 3) If an athlete either runs outside his/her lane in the straight or runs outside the outer lane on the bend, with no material advantage being gained, and if no other runner is obstructed, then the competitor should not be disqualified.

### c. Race Walking

- 1) Athlete must have one foot in touch with the ground at all times.
- 2) In all race walking events, an athlete does not have to have a straight advancing leg while competing.
- 3) In race walking events, up to and including the 400 meters, the competitor shall be disqualified with no prior warning when, in the opinion of two or more officials, a technical violation has been committed that results in an advantage being gained.

### d. Hurdle Events

- 1) The height for the 100 meter hurdles shall be 0.762 meters, with the distance to the first hurdle from the starting line being 13.00 meters, the distance between hurdles being 8.50 meters and the distance from the last hurdle to the finish line being 10.50 meters.
- 2) The height for the 110 meter hurdles shall be 0.840 meters, with the distance to the first hurdle from the starting line being 13.72 meters, the distance between hurdles being 9.14 meters, and the distance from the last hurdle to the finish line being 14.02 meters.

## 2. General Rules for Field Events

### a. Measurements

- 1) In the long jump, standing long jump and throwing events (shot put, softball throw, mini-javelin and tennis ball throw) each athlete shall be allowed three non-consecutive attempts. All three attempts shall be measured and recorded for breaking ties. The longest measurement of the three attempts shall be used for scoring.

### b. Long Jump

- 1) In the long jump, an athlete must be able to jump at least 1 meter, which is the minimum distance between the take-off board and the sand pit.
- 2) Distance will be measured from the closest impression on the landing area made by any part of the body or limbs to the take-off line for all jumps.
- 3) In jumping events, prior to competition, athletes may have assistance from an official to mark their take-off mark.

### c. Standing Long Jump

- 1) Competitors shall start with both feet behind a designated take-off line and on the ground.
- 2) When starting, competitors' toes shall be behind the take-off line.
- 3) A competitor shall use both feet on the take-off. He/she may rock backward and forward lifting his/her heels and toes alternately, but he/she may not lift either foot completely off the ground.
- 4) Distance will be measured from the closest impression on the landing area made by any part of the body or limbs to the take-off line for all jumps.
- 5) When possible, it is strongly suggested that the standing long jump event be conducted in sand-filled jumping pits. The take-off line shall be placed at the end of the running long jump runway. If a mat is used, it should be long enough to include both take-off and landing areas, and the mat must be secured safely to the surface to prevent slipping.

### d. High Jump

- 1) The competitor shall take off from one foot.
- 2) The minimum opening height for all high jump competitions shall be 1.00 meter.
- 3) Competitors shall not dive forward over the bar or take off from a two-footed take-off.



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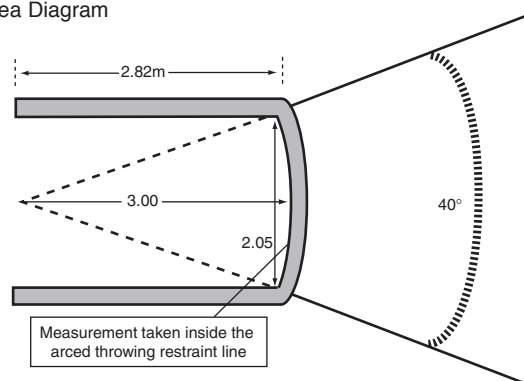
- 4) An athlete with Down syndrome who has been diagnosed with Atlanto-Axial Instability or an athlete who has not been screened may not participate in the pentathlon or the high jump. For additional information and the procedure for waiver of this restriction, please refer to Article I, Addendum F.
- 5) When there is a tie in the high jump even after the countback of failures, the athletes tying shall be awarded the same place in the competition. More than one medal should be awarded instead of running a jump-off until the tie is resolved.
- 6) In jumping events, prior to competition, athletes may have assistance from an official to mark their take-off mark.

**e. Shot Put**

- 1) The shot may be steel, brass, or a synthetic-covered implement.
- 2) It is acceptable to include wheelchair athlete in the regular divisions of the shot put, but the weight of shot must be the same for all competitors.
- 3) A legal put shall be made from within the circle. In the course of an attempt, the athlete, or his/her wheelchair, may not touch the top edge of the stop-board, the top of the iron ring or any surface outside of the circle. It is legal to touch the inside of the stop-board or the iron band.
- 4) The use of any mechanical aid shall not be allowed. For protective purposes only the wrist may be taped.
- 5) The shot shall be put from the shoulder with one hand only. When the competitor takes a stance in the circle to commence a put, the shot shall touch or be in close proximity to the neck or the chin and the hand shall not be dropped below this position during the action of putting. The shot shall not be taken behind the line of the shoulders.
- 6) The put shall be declared foul and shall not be measured if, after entering the circle and starting the put, the competitor commits any of the following:
  - a) Uses any method contrary to the definition of legal put (as defined in Section B.2.e.5); or
  - b) Causes the shot to fall on or outside the lines marking the landing vector.

**f. Softball Throw and Ball Throw for Distance (tennis ball).**

- 1) Throwing Implement
  - a) Softball Throw: 30 centimeter (11 3/4 inches) in circumference softball shall be used.
  - b) Ball Throw for Distance: a tennis ball shall be used.
- 2) Competitors may use any type of throw.
- 3) The throwing area should be set up as follows:
  - a) The runway shall be marked by two parallel white lines 5 centimeters wide and 2.05 meters apart (2.82 meters in length). The throw shall be made from behind the arc of a circle drawn with a radius of 3.00 meters. The landing sector shall be marked with white lines 5 centimeters wide such that the inner edge of the lines, if extended, would pass through the two intersections of the inner edges of the arc, and the parallel lines marking the runway and intersect at the center of the circle of which the arc is part. The center of the circle is the point for the measurement and shall be marked. The sector is 40°.

**b) Throwing Area Diagram**



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### g. Mini-Javelin

- 1) The shaft, grip and fins shall be made out of plastic.
- 2) The tip shall be made of soft rubber with a blunt, rounded end.
- 3) Mini-javelin consists of 4 fins. The fins shall be flat (without protrusions or roughness) and shall be perpendicular to the surface of the mini-javelin.
- 4) The nominal weights shall be 300g for Men and Women (8–15 years), 300g for Women and 400g for Men.

#### Mini-Javelin Specification Table (all dimensions in mm)

Dimension	Min	Max
Overall length	685	705
Length of head	84	94
Diameter of tip at thickest point	37	43
Distance from tip to centre of gravity	365	380
Diameter of shaft forward of grip	30	38
Diameter of shaft behind the grip	24	30
Diameter of shaft at the grip	34	40
Width of grip	99	109
Distance from front of grip to tip of tail	322	332
Length of fin	162	168
Diameter of fin (peak to peak opposing fins)	95	105

- 5) The mini-javelin must be held by the grip with one hand only.
- 6) The mini-javelin shall be thrown over the shoulder or upper part of the throwing arm and may not be slung or hurled.
- 7) At no time may the competitor turn completely around so that his/her back is towards the throwing area.
- 8) The mini-javeline runway and landing sector shall be those as described in IAAF Rules: Chapter 5, Section IV-Field Events, Rule 187, 9, 10, 11 and 12.
- 9) It is counted as a foul if the competitor:
  - a) Does not use the proper throwing technique.
  - b) Does not throw the mini-javelin so that the point (tip) lands before any other part of the implement.
  - c) Does not throw the mini-javelin so that the point (tip) falls completely within the inner edges of the sector lines.

### 3. General Rules for Combined Events

#### a. Pentathlon

- 1) The five events comprising the pentathlon shall be conducted in the following order: 100 meter run, long jump, shot put, high jump and 400 meter run.
- 2) The Special Olympics Pentathlon Scoring Tables may be found at the end of this section. If achieved time or distance is not given in the table, the score for the nearest lesser performance should be used.



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- 3) The pentathlon may be conducted over either one day or two consecutive days. Where it is held over two consecutive days, events one, two and three shall be held on the first day, with events four and five on the second day.

**4. General Rules for Wheelchair Events**

- a. Athletes entering wheelchair events may also enter other events in athletics competition.
- b. Wheelchair Shot Put
- 1) It is acceptable to include wheelchair athlete in the regular divisions of the shot put, but the weight of shot must be the same for all competitors.
  - 2) Refer to Section B 2.e.
- c. Main Principles for Wheelchair Races
- 1) Athletes shall start with all wheels behind the start line
  - 2) Athlete is timed from the smoke of the starter's gun to when all front wheels (two or one) of the wheelchair reach the perpendicular plane of the nearer edge of the finish line.
  - 3) Motorized wheelchairs shall not be allowed in regular wheelchair races.
  - 4) Only athletes who ambulate by use of a wheelchair may participate in the events.
  - 5) Athletes shall not be pushed, pulled or otherwise assisted during these events.
  - 6) The lanes for the wheelchair events shall be made two track-lanes wide.
- d. 10 Meter/25 Meter Wheelchair Race
- 1) Each competitor must keep in his/her lane from start to finish and may not interfere, obstruct or impede the progress of another competitor. Infractions, at the discretion of the judges, may result in disqualification.
- e. 30 Meter Wheelchair Slalom
- 1) Athlete maneuvers his/her chair through the course, going to the right of the first obstacle and across the finish line without impeding another athlete on the course.
  - 2) Knocking down a marker constitutes a violation, and a three-second penalty will be assessed.
  - 3) Beginning at the start line, place one cone in each lane at 5-meter intervals. Cones should be placed in the middle of the lanes (see Diagram on page 8).
- f. 4 x 25 Meter Wheelchair Shuttle Relay
- 1) Four persons shall make up a team. Each competitor will complete 25 meters of the relay.
  - 2) The second, third and fourth competitors of a team may not leave the start line until the leading wheel(s) on the wheelchair of the teammate who precedes him/her crosses a takeoff line 1 meter in front and parallel to the starting line.

**5. General Rules for Motorized Wheelchair Events**

- a. Main Principles
- 1) These events are restricted to motorized wheelchairs only.
  - 2) The first two wheels on each competitor's wheelchair will be regarded as the starting and finishing points of all races.
  - 3) If a competitor varies from a sequence of obstacles, he/she must, without notice from any official, resume progress at the point prior to the incorrectly passed obstacle before entering the next obstacle and complete the course in its entirety, or be disqualified. In essence, failure to complete the course as designed will result in disqualification.
  - 4) A competitor will be disqualified if that individual's coach (or assistants) enters the course boundaries during the running of the obstacle course. Coaches may instruct from outside the marked boundaries of the course. Judges and officials will not give directional cues.

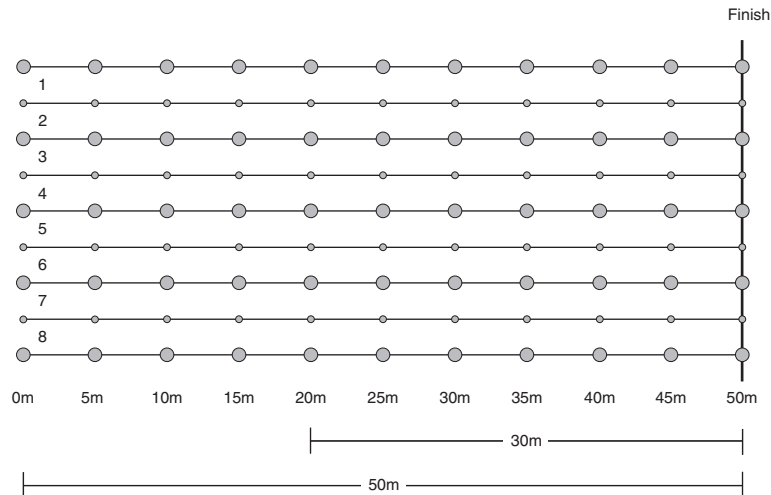


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- 5) When submitting entry times for motorized wheelchair events, the entry form should state whether the time was achieved with a "high-speed" or a "low-speed" setting.
- 6) Athlete is timed from the smoke of the starter's gun to when front wheels of the wheelchair reach the perpendicular plane of the nearer edge of the finish line.

### b. Motorized Wheelchair Slalom

- 1) Each athlete will use two lanes as his/her lane, sufficiently wide enough to allow for wheelchairs.
- 2) Place the cones on the start and finish lines 2.44 meters apart (two track-lanes width) to create four start and four finish gates and four lanes.
- 3) Beginning at the start line, place one traffic cone (slalom flagpoles minimum of 1.22 meter) in each lane at 5-meter intervals. Cones should be placed in the middle of the lanes.
- 4) Diagram — 30 and 50 Meter Motorized Wheelchair Slalom



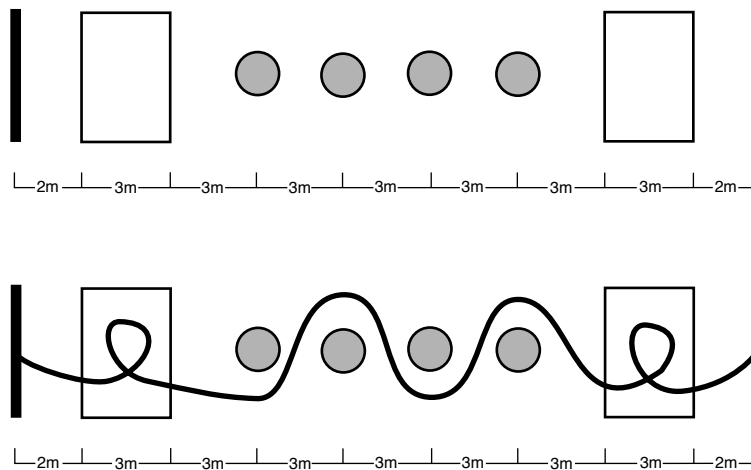
- 5) Athlete maneuvers his/her chair through the course, going to the right of the first obstacle and across the finish line without impeding another athlete on the course. Knocking down a cone constitutes a violation, and a three-second penalty will be assessed.
- 6) No penalty will be incurred as a result of touching/moving a cone.

### c. 25 Meter Motorized Wheelchair Obstacle Course

- 1) Mark one box 2 meters from the start line and one box 2 meters from the finish line. Each box should be 3 meters x 3 meters.
- 2) Place four cones between the boxes, each 3 meters apart.
- 3) Rules:
  - a) Athlete starts facing the course.
  - b) The athlete completes a 360 degree circle between the starting line and the first cone. Upon completion, the athlete weaves in and out of four cones set 3 meters apart, then completes a second 360 degree circle between the fourth cone and the finish line.

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- c) The box (3 meters x 3 meters) is used only as an indicator for the athlete to complete the 360-degree circle. No points and/or time shall be deducted for touching or going over the lines. The box can be outlined with tape.
- d) Knocking down a marker constitutes a violation, and a three-second penalty will be assessed. Competitors who do not make an obvious attempt to go between each pair of markers are subject to disqualification at the discretion of the referee.
- e) No more than three athletes on a track at one time per race.

**6. General Rules for Assisted Walk**

- a. Athletes must provide their own assisted devices. Assisted devices may consist of canes, crutches or walker.
- b. Set-Up:
  - 1) Each athlete will use two lanes as his/her lane, sufficiently wide enough to allow for assistive devices.
  - 2) Place cones on the start and finish lines, 2.44 meters apart (two track-lanes width) to create four start and four finish gates and four lanes.
  - 3) Beginning at the start line, place one cone on each lane line at 5-meter intervals. Cones should be placed in the middle of the lane line.
- c. Rules:
  - 1) Athlete starts behind the start line with a walking aid.
  - 2) Athlete walks using a walking aid.
  - 3) Athlete stays in his/her designated lane.
  - 4) Athlete may not receive physical assistance from coaches, officials, etc.
  - 5) Athlete is timed from the smoke of the starter's gun to when his/her torso reaches the perpendicular plane of the nearer edge of the finish line.



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### 7. General Rules for Blind and Deaf Athletes

- a. A rope or sighted guide runner may be provided to assist athletes who are visually impaired.
- b. A sighted guide runner may not be ahead of the athlete in any manner. At no time may the guide runner pull the athlete or propel the athlete forward by pushing.
- c. A tap start will be used for an athlete who is both deaf and blind.
- d. Guide runners must wear a bright orange running vest so that they are clearly distinguished from competitors. These vests will be provided by the Games Organizing Committee.

### 8. General Rules for Unified Sports® Relays

- a. Each Unified Sports relay team shall consist of two athletes and two partners.
- b. Runners on a relay team may be assigned to run in any order.

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Pentathlon First Event – 100 Meter Race (Score recorded in seconds.hundredths)

SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS
10.24	1200	10.69	1077	11.14	964	11.59	859	12.04	765
10.25	1197	10.70	1074	11.15	961	11.60	857	12.05	763
10.26	1194	10.71	1072	11.16	959	11.61	855	12.06	761
10.27	1191	10.72	1069	11.17	956	11.62	853	12.07	759
10.28	1188	10.73	1067	11.18	954	11.63	851	12.08	757
10.29	1186	10.74	1064	11.19	952	11.64	848	12.09	755
10.30	1183	10.75	1061	11.20	949	11.65	846	12.10	753
10.31	1180	10.76	1059	11.21	947	11.66	844	12.11	751
10.32	1177	10.77	1056	11.22	944	11.67	842	12.12	749
10.33	1174	10.78	1054	11.23	942	11.68	840	12.13	747
10.34	1172	10.79	1051	11.24	940	11.69	838	12.14	745
10.35	1169	10.80	1048	11.25	937	11.70	835	12.15	743
10.36	1166	10.81	1046	11.26	935	11.71	833	12.16	741
10.37	1163	10.82	1043	11.27	933	11.72	831	12.17	739
10.38	1160	10.83	1041	11.28	930	11.73	829	12.18	737
10.39	1158	10.84	1038	11.29	928	11.74	827	12.19	735
10.40	1155	10.85	1036	11.30	926	11.75	825	12.20	733
10.41	1152	10.86	1033	11.31	923	11.76	823	12.21	731
10.42	1149	10.87	1031	11.32	921	11.77	820	12.22	729
10.43	1147	10.88	1028	11.33	919	11.78	818	12.23	727
10.44	1144	10.89	1025	11.34	916	11.79	816	12.24	725
10.45	1141	10.90	1023	11.35	914	11.80	814	12.25	724
10.46	1138	10.91	1020	11.36	912	11.81	812	12.26	722
10.47	1136	10.92	1018	11.37	909	11.82	810	12.27	720
10.48	1133	10.93	1015	11.38	907	11.83	808	12.28	718
10.49	1130	10.94	1013	11.39	905	11.84	806	12.29	716
10.50	1128	10.95	1010	11.40	902	11.85	804	12.30	714
10.51	1125	10.96	1008	11.41	900	11.86	801	12.31	712
10.52	1122	10.97	1005	11.42	898	11.87	799	12.32	710
10.53	1120	10.98	1003	11.43	895	11.88	797	12.33	708
10.54	1117	10.99	1000	11.44	893	11.89	795	12.34	707
10.55	1114	11.00	998	11.45	891	11.90	793	12.35	705
10.56	1111	11.01	995	11.46	889	11.91	791	12.36	703
10.57	1109	11.02	993	11.47	886	11.92	789	12.37	701
10.58	1106	11.03	990	11.48	884	11.93	787	12.38	699
10.59	1103	11.04	988	11.49	882	11.94	785	12.39	697
10.60	1101	11.05	986	11.50	880	11.95	783	12.40	695
10.61	1098	11.06	983	11.51	877	11.96	781	12.41	694
10.62	1095	11.07	981	11.52	875	11.97	779	12.42	692
10.63	1093	11.08	978	11.53	873	11.98	777	12.43	690
10.64	1090	11.09	976	11.54	871	11.99	775	12.44	688
10.65	1087	11.10	973	11.55	868	12.00	773	12.45	686
10.66	1085	11.11	971	11.56	866	12.01	771	12.46	684
10.67	1082	11.12	968	11.57	864	12.02	769	12.47	683
10.68	1080	11.13	966	11.58	862	12.03	767	12.48	681



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Pentathlon First Event – 100 Meter Race (Score recorded in seconds.hundredths)

SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS
12.49	679	12.94	603	13.39	536	13.84	478	14.73	431
12.50	677	12.95	601	13.40	534	13.85	477	14.75	430
12.51	675	12.96	600	13.41	533	13.86	475	14.78	429
12.52	674	12.97	598	13.42	532	13.87	474	14.80	428
12.53	672	12.98	596	13.43	530	13.88	473	14.83	427
12.54	670	12.99	595	13.44	529	13.89	472	14.85	426
12.55	668	13.00	593	13.45	527	13.90	471	14.88	425
12.56	667	13.01	592	13.46	526	13.91	470	14.91	424
12.57	665	13.02	590	13.47	525	13.92	469	14.93	423
12.58	663	13.03	589	13.48	523	13.93	467	14.96	422
12.59	661	13.04	587	13.49	522	13.94	466	14.98	421
12.60	660	13.05	585	13.50	521	13.95	465	15.01	420
12.61	658	13.06	584	13.51	519	13.96	464	15.04	419
12.62	656	13.07	582	13.52	518	13.97	463	15.06	418
12.63	654	13.08	581	13.53	517	13.98	462	15.09	417
12.64	653	13.09	579	13.54	515	13.99	461	15.11	416
12.65	651	13.10	578	13.55	514	14.00	460	15.14	415
12.66	649	13.11	576	13.56	513	14.02	459	15.17	414
12.67	647	13.12	575	13.57	511	14.04	458	15.19	413
12.68	646	13.13	573	13.58	510	14.07	457	15.22	412
12.69	644	13.14	572	13.59	509	14.09	456	15.25	411
12.70	642	13.15	570	13.60	508	14.12	455	15.27	410
12.71	641	13.16	569	13.61	506	14.14	454	15.30	409
12.72	639	13.17	567	13.62	505	14.17	453	15.32	408
12.73	637	13.18	566	13.63	504	14.19	452	15.35	407
12.74	635	13.19	564	13.64	502	14.22	451	15.38	406
12.75	634	13.20	563	13.65	501	14.24	450	15.40	405
12.76	632	13.21	561	13.66	500	14.27	449	15.43	404
12.77	630	13.22	560	13.67	499	14.29	448	15.46	403
12.78	629	13.23	558	13.68	497	14.32	447	15.48	402
12.79	627	13.24	557	13.69	496	14.35	446	15.51	401
12.80	625	13.25	556	13.70	495	14.37	445	15.54	400
12.81	624	13.26	554	13.71	494	14.40	444	15.56	399
12.82	622	13.27	553	13.72	492	14.42	443	15.59	398
12.83	621	13.28	551	13.73	491	14.45	442	15.62	397
12.84	619	13.29	550	13.74	490	14.47	441	15.64	396
12.85	617	13.30	548	13.75	489	14.50	440	15.67	395
12.86	616	13.31	547	13.76	487	14.52	439	15.70	394
12.87	614	13.32	545	13.77	486	14.55	438	15.72	393
12.88	612	13.33	544	13.78	485	14.57	437	15.75	392
12.89	611	13.34	543	13.79	484	14.60	436	15.78	391
12.90	609	13.35	541	13.80	483	14.62	435	15.80	390
12.91	608	13.36	540	13.81	481	14.65	434	15.83	389
12.92	606	13.37	538	13.82	480	14.68	433	15.86	388
12.93	604	13.38	537	13.83	479	14.70	432	15.88	387

**ATHLETICS**

Pentathlon First Event – 100 Meter Race (Score recorded in seconds.hundredths)

SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS
15.91	386	17.17	341	18.52	296	19.97	251	21.56	206
15.94	385	17.20	340	18.55	295	20.00	250	21.59	205
15.97	384	17.23	339	18.58	294	20.04	249	21.63	204
15.99	383	17.26	338	18.61	293	20.07	248	21.67	203
16.02	382	17.28	337	18.64	292	20.10	247	21.71	202
16.05	381	17.31	336	18.67	291	20.14	246	21.74	201
16.08	380	17.34	335	18.70	290	20.17	245	21.78	200
16.10	379	17.37	334	18.74	289	20.21	244	21.82	199
16.13	378	17.40	333	18.77	288	20.24	243	21.86	198
16.16	377	17.43	332	18.80	287	20.27	242	21.90	197
16.18	376	17.46	331	18.83	286	20.31	241	21.93	196
16.21	375	17.49	330	18.86	285	20.34	240	21.97	195
16.24	374	17.52	329	18.89	284	20.38	239	22.01	194
16.27	373	17.55	328	18.92	283	20.41	238	22.05	193
16.29	372	17.58	327	18.96	282	20.45	237	22.09	192
16.32	371	17.61	326	18.99	281	20.48	236	22.12	191
16.35	370	17.64	325	19.02	280	20.52	235	22.16	190
16.38	369	17.67	324	19.05	279	20.55	234	22.20	189
16.41	368	17.69	323	19.08	278	20.59	233	22.24	188
16.43	367	17.72	322	19.12	277	20.62	232	22.28	187
16.46	366	17.75	321	19.15	276	20.66	231	22.32	186
16.49	365	17.78	320	19.18	275	20.69	230	22.36	185
16.52	364	17.81	319	19.21	274	20.73	229	22.40	184
16.54	363	17.84	318	19.24	273	20.76	228	22.44	183
16.57	362	17.87	317	19.28	272	20.80	227	22.48	182
16.60	361	17.90	316	19.31	271	20.83	226	22.52	181
16.63	360	17.93	315	19.34	270	20.87	225	22.56	180
16.66	359	17.96	314	19.37	269	20.90	224	22.60	179
16.68	358	17.99	313	19.41	268	20.94	223	22.64	178
16.71	357	18.02	312	19.44	267	20.97	222	22.68	177
16.74	356	18.05	311	19.47	266	21.01	221	22.72	176
16.77	355	18.08	310	19.50	265	21.05	220	22.76	175
16.80	354	18.11	309	19.54	264	21.08	219	22.80	174
16.83	353	18.14	308	19.57	263	21.12	218	22.84	173
16.85	352	18.17	307	19.60	262	21.15	217	22.88	172
16.88	351	18.21	306	19.64	261	21.19	216	22.92	171
16.91	350	18.24	305	19.67	260	21.23	215	22.96	170
16.94	349	18.27	304	19.70	259	21.26	214	23.00	169
16.97	348	18.30	303	19.73	258	21.30	213	23.04	168
17.00	347	18.33	302	19.77	257	21.34	212	23.08	167
17.03	346	18.36	301	19.80	256	21.37	211	23.12	166
17.05	345	18.39	300	19.83	255	21.41	210	23.16	165
17.08	344	18.42	299	19.87	254	21.45	209	23.20	164
17.11	343	18.45	298	19.90	253	21.48	208	23.25	163
17.14	342	18.48	297	19.94	252	21.52	207	23.29	162



## ATHLETICS

Pentathlon First Event — 100 Meter Race (Score recorded in seconds.hundredths)

SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS
23.33	161	25.37	116	27.87	71	31.42	26
23.37	160	25.42	115	27.93	70	31.53	25
23.41	159	25.47	114	28.00	69	31.63	24
23.46	158	25.52	113	28.06	68	31.75	23
23.50	157	25.57	112	28.13	67	31.86	22
23.54	156	25.62	111	28.19	66	31.98	21
23.58	155	25.67	110	28.26	65	32.10	20
23.63	154	25.72	109	28.32	64	32.22	19
23.67	153	25.77	108	28.39	63	32.34	18
23.71	152	25.82	107	28.46	62	32.47	17
23.76	151	25.88	106	28.53	61	32.60	16
23.80	150	25.93	105	28.59	60	32.74	15
23.84	149	25.98	104	28.66	59	32.88	14
23.89	148	26.03	103	28.73	58	33.02	13
23.93	147	26.09	102	28.80	57	33.18	12
23.97	146	26.14	101	28.87	56	33.34	11
24.02	145	26.19	100	28.95	55	33.50	10
24.06	144	26.25	99	29.02	54	33.68	9
24.11	143	26.30	98	29.09	53	33.86	8
24.15	142	26.35	97	29.17	52	34.06	7
24.20	141	26.41	96	29.24	51	34.28	6
24.24	140	26.46	95	29.32	50	34.51	5
24.29	139	26.52	94	29.39	49	34.77	4
24.33	138	26.57	93	29.47	48	35.07	3
24.38	137	26.63	92	29.55	47	35.43	2
24.42	136	26.68	91	29.63	46	35.90	1
24.47	135	26.74	90	29.71	45		
24.51	134	26.80	89	29.79	44		
24.56	133	26.85	88	29.87	43		
24.61	132	26.91	87	29.95	42		
24.65	131	26.97	86	30.03	41		
24.70	130	27.03	85	30.11	40		
24.75	129	27.08	84	30.20	39		
24.79	128	27.14	83	30.28	38		
24.84	127	27.20	82	30.37	37		
24.89	126	27.26	81	30.46	36		
24.93	125	27.32	80	30.55	35		
24.98	124	27.38	79	30.64	34		
25.03	123	27.44	78	30.73	33		
25.08	122	27.50	77	30.83	32		
25.13	121	27.56	76	30.92	31		
25.17	120	27.62	75	31.02	30		
25.22	119	27.68	74	31.12	29		
25.27	118	27.75	73	31.22	28		
25.32	117	27.81	72	31.32	27		



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**ATHLETICS****Pentathlon Second Event – Long Jump (Score recorded in meters/centimeters)**

SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS
8.10	1200	7.63	1083	7.16	973	6.69	868
8.09	1197	7.62	1081	7.15	971	6.68	866
8.08	1194	7.61	1079	7.14	968	6.67	864
8.07	1192	7.60	1076	7.13	966	6.66	861
8.06	1189	7.59	1074	7.12	964	6.65	859
8.05	1187	7.58	1071	7.11	961	6.64	857
8.04	1184	7.57	1069	7.10	959	6.63	855
8.03	1182	7.56	1067	7.09	957	6.62	853
8.02	1179	7.55	1064	7.08	955	6.61	851
8.01	1177	7.54	1062	7.07	952	6.60	848
8.00	1174	7.53	1059	7.06	950	6.59	846
7.99	1172	7.52	1057	7.05	948	6.58	844
7.98	1169	7.51	1055	7.04	946	6.57	842
7.97	1167	7.50	1052	7.03	943	6.56	840
7.96	1164	7.49	1050	7.02	941	6.55	838
7.95	1162	7.48	1048	7.01	939	6.54	836
7.94	1159	7.47	1045	7.00	937	6.53	833
7.93	1157	7.46	1043	6.99	934	6.52	831
7.92	1154	7.45	1040	6.98	932	6.51	829
7.91	1152	7.44	1038	6.97	930	6.50	827
7.90	1149	7.43	1036	6.96	928	6.49	825
7.89	1147	7.42	1033	6.95	925	6.48	823
7.88	1145	7.41	1031	6.94	923	6.47	821
7.87	1142	7.40	1029	6.93	921	6.46	819
7.86	1140	7.39	1026	6.92	919	6.45	816
7.85	1137	7.38	1024	6.91	916	6.44	814
7.84	1135	7.37	1022	6.90	914	6.43	812
7.83	1132	7.36	1019	6.89	912	6.42	810
7.82	1130	7.35	1017	6.88	910	6.41	808
7.81	1127	7.34	1015	6.87	907	6.40	806
7.80	1125	7.33	1012	6.86	905	6.39	804
7.79	1122	7.32	1010	6.85	903	6.38	802
7.78	1120	7.31	1008	6.84	901	6.37	800
7.77	1117	7.30	1005	6.83	899	6.36	797
7.76	1115	7.29	1003	6.82	896	6.35	795
7.75	1113	7.28	1001	6.81	894	6.34	793
7.74	1110	7.27	998	6.80	892	6.33	791
7.73	1108	7.26	996	6.79	890	6.32	789
7.72	1105	7.25	994	6.78	888	6.31	787
7.71	1103	7.24	991	6.77	885	6.30	785
7.70	1100	7.23	989	6.76	883	6.29	783
7.69	1098	7.22	987	6.75	881	6.28	781
7.68	1096	7.21	984	6.74	879	6.27	779
7.67	1093	7.20	982	6.73	877	6.26	777
7.66	1091	7.19	980	6.72	874	6.25	775
7.65	1088	7.18	978	6.71	872	6.24	773
7.64	1086	7.17	975	6.70	870	6.23	770



## ATHLETICS

### Pentathlon Second Event – Long Jump (Score recorded in meters/centimeters)

SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS
6.22	768	5.75	674	5.28	586	4.81	503
6.21	766	5.74	673	5.27	584	4.80	501
6.20	764	5.73	671	5.26	582	4.79	500
6.19	762	5.72	669	5.25	581	4.78	498
6.18	760	5.71	667	5.24	579	4.77	496
6.17	758	5.70	665	5.23	577	4.76	495
6.16	756	5.69	663	5.22	575	4.75	493
6.15	754	5.68	661	5.21	573	4.74	491
6.14	752	5.67	659	5.20	572	4.73	490
6.13	750	5.66	657	5.19	570	4.72	488
6.12	748	5.65	655	5.18	568	4.71	486
6.11	746	5.64	653	5.17	566	4.70	484
6.10	744	5.63	651	5.16	564	4.69	483
6.09	742	5.62	649	5.15	563	4.68	481
6.08	740	5.61	648	5.14	561	4.67	479
6.07	738	5.60	646	5.13	559	4.66	478
6.06	736	5.59	644	5.12	557	4.65	476
6.05	734	5.58	642	5.11	555	4.64	474
6.04	732	5.57	640	5.10	554	4.63	473
6.03	730	5.56	638	5.09	552	4.62	471
6.02	728	5.55	636	5.08	550	4.61	469
6.01	726	5.54	634	5.07	548	4.60	468
6.00	724	5.53	632	5.06	547	4.59	466
5.99	722	5.52	630	5.05	545	4.58	465
5.98	720	5.51	629	5.04	543	4.57	463
5.97	718	5.50	627	5.03	541	4.56	461
5.96	716	5.49	625	5.02	539	4.55	460
5.95	714	5.48	623	5.01	538	4.54	458
5.94	712	5.47	621	5.00	536	4.53	456
5.93	710	5.46	619	4.99	534	4.52	455
5.92	708	5.45	617	4.98	532	4.51	453
5.91	706	5.44	615	4.97	531	4.50	451
5.90	704	5.43	614	4.96	529	4.49	450
5.89	702	5.42	612	4.95	527	4.48	448
5.88	700	5.41	610	4.94	525	4.47	447
5.87	698	5.40	608	4.93	524	4.46	445
5.86	696	5.39	606	4.92	522	4.45	443
5.85	694	5.38	604	4.91	520	4.44	442
5.84	692	5.37	603	4.90	519	4.43	440
5.83	690	5.36	601	4.89	517	4.42	438
5.82	688	5.35	599	4.88	515	4.41	437
5.81	686	5.34	597	4.87	513	4.40	435
5.80	684	5.33	595	4.86	512	4.39	434
5.79	682	5.32	593	4.85	510	4.38	432
5.78	680	5.31	591	4.84	508	4.37	430
5.77	678	5.30	590	4.83	507	4.36	429
5.76	676	5.29	588	4.82	505	4.35	427

**ATHLETICS****Pentathlon Second Event – Long Jump (Score recorded in meters/centimeters)**

SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS
4.34	426	3.87	354	3.40	288	2.93	227
4.33	424	3.86	352	3.39	286	2.92	225
4.32	423	3.85	351	3.38	285	2.91	224
4.31	421	3.84	349	3.37	283	2.90	223
4.30	419	3.83	348	3.36	282	2.89	222
4.29	418	3.82	347	3.35	281	2.88	221
4.28	416	3.81	345	3.34	279	2.87	219
4.27	415	3.80	344	3.33	278	2.86	218
4.26	413	3.79	342	3.32	277	2.85	217
4.25	412	3.78	341	3.31	275	2.84	216
4.24	410	3.77	339	3.30	274	2.83	215
4.23	408	3.76	338	3.29	273	2.82	213
4.22	407	3.75	336	3.28	271	2.81	212
4.21	405	3.74	335	3.27	270	2.80	211
4.20	404	3.73	334	3.26	269	2.79	210
4.19	402	3.72	332	3.25	268	2.78	208
4.18	401	3.71	331	3.24	266	2.77	207
4.17	399	3.70	329	3.23	265	2.76	206
4.16	398	3.69	328	3.22	264	2.75	205
4.15	396	3.68	326	3.21	262	2.74	204
4.14	394	3.67	325	3.20	261	2.73	203
4.13	393	3.66	324	3.19	260	2.72	201
4.12	391	3.65	322	3.18	258	2.71	200
4.11	390	3.64	321	3.17	257	2.70	199
4.10	388	3.63	319	3.16	256	2.69	198
4.09	387	3.62	318	3.15	254	2.68	197
4.08	385	3.61	316	3.14	253	2.67	195
4.07	384	3.60	315	3.13	252	2.66	194
4.06	382	3.59	314	3.12	251	2.65	193
4.05	381	3.58	312	3.11	249	2.64	192
4.04	379	3.57	311	3.10	248	2.63	191
4.03	378	3.56	309	3.09	247	2.62	190
4.02	376	3.55	308	3.08	246	2.61	188
4.01	375	3.54	307	3.07	244	2.60	187
4.00	373	3.53	305	3.06	243	2.59	186
3.99	372	3.52	304	3.05	242	2.58	185
3.98	370	3.51	303	3.04	240	2.57	184
3.97	369	3.50	301	3.03	239	2.56	183
3.96	367	3.49	300	3.02	238	2.55	182
3.95	366	3.48	298	3.01	237	2.54	180
3.94	364	3.47	297	3.00	235	2.53	179
3.93	363	3.46	296	2.99	234	2.52	178
3.92	361	3.45	294	2.98	233	2.51	177
3.91	360	3.44	293	2.97	232	2.50	176
3.90	358	3.43	292	2.96	230	2.49	175
3.89	357	3.42	290	2.95	229	2.48	174
3.88	355	3.41	289	2.94	228	2.47	173



## ATHLETICS

### Pentathlon Second Event – Long Jump (Score recorded in meters/centimeters)

SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS
2.46	171	1.99	122	1.49	75	0.90	28
2.45	170	1.98	121	1.48	74	0.89	27
2.44	169	1.97	120	1.47	73	0.88	26
2.43	168	1.96	119	1.46	72	0.86	25
2.42	167	1.95	118	1.45	71	0.85	24
2.41	166	1.94	117	1.43	70	0.83	23
2.40	165	1.93	116	1.42	69	0.82	22
2.39	164	1.92	115	1.41	68	0.81	21
2.38	163	1.91	114	1.40	67	0.79	20
2.37	161	1.90	113	1.39	66	0.78	19
2.36	160	1.89	112	1.37	65	0.76	18
2.35	159	1.88	111	1.36	64	0.75	17
2.34	158	1.87	110	1.35	63	0.73	16
2.33	157	1.86	109	1.34	62	0.72	15
2.32	156	1.85	108	1.33	61	0.70	14
2.31	155	1.84	107	1.31	60	0.69	13
2.30	154	1.83	106	1.30	59	0.67	12
2.29	153	1.82	105	1.29	58	0.66	11
2.28	152	1.81	104	1.28	57	0.64	10
2.27	151	1.80	103	1.27	56	0.63	9
2.26	150	1.79	102	1.25	55	0.61	8
2.25	149	1.78	101	1.24	54	0.60	7
2.24	147	1.77	100	1.23	53	0.58	6
2.23	146	1.76	99	1.22	52	0.57	5
2.22	145	1.75	98	1.20	51	0.55	4
2.21	144	1.73	97	1.19	50	0.54	3
2.20	143	1.72	96	1.18	49	0.52	2
2.19	142	1.71	95	1.17	48	0.50	1
2.18	141	1.70	94	1.15	47		
2.17	140	1.69	93	1.14	46		
2.16	139	1.68	92	1.13	45		
2.15	138	1.67	91	1.12	44		
2.14	137	1.66	90	1.10	43		
2.13	136	1.65	89	1.09	42		
2.12	135	1.64	88	1.08	41		
2.11	134	1.63	87	1.06	40		
2.10	133	1.61	86	1.05	39		
2.09	132	1.60	85	1.04	38		
2.08	131	1.59	84	1.03	37		
2.07	130	1.58	83	1.01	36		
2.06	129	1.57	82	1.00	35		
2.05	128	1.56	81	0.99	34		
2.04	127	1.55	80	0.97	33		
2.03	126	1.54	79	0.96	32		
2.02	125	1.53	78	0.94	31		
2.01	124	1.51	77	0.93	30		
2.00	123	1.50	76	0.92	29		

**ATHLETICS**

Pentathlon Third Event – Shot Put (Score recorded in meters/centimeters)

SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS
17.64	1012	16.94	965	16.22	918	15.51	871	14.78	824
17.63	1011	16.92	964	16.21	917	15.49	870	14.77	823
17.61	1010	16.91	963	16.19	916	15.48	869	14.75	822
17.60	1009	16.89	962	16.18	915	15.46	868	14.74	821
17.58	1008	16.88	961	16.16	914	15.44	867	14.72	820
17.57	1007	16.86	960	16.15	913	15.43	866	14.71	819
17.55	1006	16.85	959	16.13	912	15.41	865	14.69	818
17.54	1005	16.83	958	16.12	911	15.40	864	14.68	817
17.52	1004	16.82	957	16.10	910	15.38	863	14.66	816
17.51	1003	16.80	956	16.09	909	15.37	862	14.64	815
17.49	1002	16.78	955	16.07	908	15.35	861	14.63	814
17.48	1001	16.77	954	16.06	907	15.34	860	14.61	813
17.46	1000	16.75	953	16.04	906	15.32	859	14.60	812
17.45	999	16.74	952	16.03	905	15.31	858	14.58	811
17.43	998	16.72	951	16.01	904	15.29	857	14.57	810
17.42	997	16.71	950	16.00	903	15.28	856	14.55	809
17.40	996	16.69	949	15.98	902	15.26	855	14.54	808
17.39	995	16.68	948	15.97	901	15.24	854	14.52	807
17.37	994	16.66	947	15.95	900	15.23	853	14.50	806
17.36	993	16.65	946	15.93	899	15.21	852	14.49	805
17.34	992	16.63	945	15.92	898	15.20	851	14.47	804
17.33	991	16.62	944	15.90	897	15.18	850	14.46	803
17.31	990	16.60	943	15.89	896	15.17	849	14.44	802
17.30	989	16.59	942	15.87	895	15.15	848	14.43	801
17.28	988	16.57	941	15.86	894	15.14	847	14.41	800
17.27	987	16.56	940	15.84	893	15.12	846	14.40	799
17.25	986	16.54	939	15.83	892	15.11	845	14.38	798
17.24	985	16.53	938	15.81	891	15.09	844	14.36	797
17.22	984	16.51	937	15.80	890	15.08	843	14.35	796
17.21	983	16.50	936	15.78	889	15.06	842	14.33	795
17.19	982	16.48	935	15.77	888	15.04	841	14.32	794
17.18	981	16.47	934	15.75	887	15.03	840	14.30	793
17.16	980	16.45	933	15.74	886	15.01	839	14.29	792
17.15	979	16.44	932	15.72	885	15.00	838	14.27	791
17.13	978	16.42	931	15.71	884	14.98	837	14.26	790
17.12	977	16.41	930	15.69	883	14.97	836	14.24	789
17.10	976	16.39	929	15.67	882	14.95	835	14.22	788
17.09	975	16.38	928	15.66	881	14.94	834	14.21	787
17.07	974	16.36	927	15.64	880	14.92	833	14.19	786
17.06	973	16.35	926	15.63	879	14.91	832	14.18	785
17.04	972	16.33	925	15.61	878	14.89	831	14.16	784
17.03	971	16.32	924	15.60	877	14.87	830	14.15	783
17.01	970	16.30	923	15.58	876	14.86	829	14.13	782
17.00	969	16.29	922	15.57	875	14.84	828	14.11	781
16.98	968	16.27	921	15.55	874	14.83	827	14.10	780
16.97	967	16.25	920	15.54	873	14.81	826	14.08	779
16.95	966	16.24	919	15.52	872	14.80	825	14.07	778



## ATHLETICS

Pentathlon Third Event – Shot Put (Score recorded in meters/centimeters)

SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS
14.05	777	13.31	730	12.57	683	11.81	636	11.05	589
14.04	776	13.30	729	12.55	682	11.80	635	11.04	588
14.02	775	13.28	728	12.54	681	11.78	634	11.02	587
14.01	774	13.27	727	12.52	680	11.77	633	11.00	586
13.99	773	13.25	726	12.50	679	11.75	632	10.99	585
13.97	772	13.23	725	12.49	678	11.73	631	10.97	584
13.96	771	13.22	724	12.47	677	11.72	630	10.95	583
13.94	770	13.20	723	12.46	676	11.70	629	10.94	582
13.93	769	13.19	722	12.44	675	11.68	628	10.92	581
13.91	768	13.17	721	12.42	674	11.67	627	10.91	580
13.90	767	13.16	720	12.41	673	11.65	626	10.89	579
13.88	766	13.14	719	12.39	672	11.64	625	10.87	578
13.86	765	13.12	718	12.38	671	11.62	624	10.86	577
13.85	764	13.11	717	12.36	670	11.60	623	10.84	576
13.83	763	13.09	716	12.34	669	11.59	622	10.82	575
13.82	762	13.08	715	12.33	668	11.57	621	10.81	574
13.80	761	13.06	714	12.31	667	11.56	620	10.79	573
13.79	760	13.04	713	12.30	666	11.54	619	10.78	572
13.77	759	13.03	712	12.28	665	11.52	618	10.76	571
13.75	758	13.01	711	12.26	664	11.51	617	10.74	570
13.74	757	13.00	710	12.25	663	11.49	616	10.73	569
13.72	756	12.98	709	12.23	662	11.47	615	10.71	568
13.71	755	12.97	708	12.22	661	11.46	614	10.69	567
13.69	754	12.95	707	12.20	660	11.44	613	10.68	566
13.68	753	12.93	706	12.18	659	11.43	612	10.66	565
13.66	752	12.92	705	12.17	658	11.41	611	10.64	564
13.64	751	12.90	704	12.15	657	11.39	610	10.63	563
13.63	750	12.89	703	12.14	656	11.38	609	10.61	562
13.61	749	12.87	702	12.12	655	11.36	608	10.60	561
13.60	748	12.85	701	12.10	654	11.35	607	10.58	560
13.58	747	12.84	700	12.09	653	11.33	606	10.56	559
13.57	746	12.82	699	12.07	652	11.31	605	10.55	558
13.55	745	12.81	698	12.06	651	11.30	604	10.53	557
13.53	744	12.79	697	12.04	650	11.28	603	10.51	556
13.52	743	12.77	696	12.02	649	11.26	602	10.50	555
13.50	742	12.76	695	12.01	648	11.25	601	10.48	554
13.49	741	12.74	694	11.99	647	11.23	600	10.46	553
13.47	740	12.73	693	11.97	646	11.22	599	10.45	552
13.46	739	12.71	692	11.96	645	11.20	598	10.43	551
13.44	738	12.69	691	11.94	644	11.18	597	10.42	550
13.42	737	12.68	690	11.93	643	11.17	596	10.40	549
13.41	736	12.66	689	11.91	642	11.15	595	10.38	548
13.39	735	12.65	688	11.89	641	11.13	594	10.37	547
13.38	734	12.63	687	11.88	640	11.12	593	10.35	546
13.36	733	12.62	686	11.86	639	11.10	592	10.33	545
13.34	732	12.60	685	11.85	638	11.09	591	10.32	544
13.33	731	12.58	684	11.83	637	11.07	590	10.30	543

**ATHLETICS****Pentathlon Third Event – Shot Put (Score recorded in meters/centimeters)**

SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS
10.28	542	9.51	495	8.72	448	7.93	401	7.12	354
10.27	541	9.49	494	8.70	447	7.91	400	7.10	353
10.25	540	9.47	493	8.69	446	7.89	399	7.09	352
10.23	539	9.46	492	8.67	445	7.87	398	7.07	351
10.22	538	9.44	491	8.65	444	7.86	397	7.05	350
10.20	537	9.42	490	8.64	443	7.84	396	7.04	349
10.18	536	9.41	489	8.62	442	7.82	395	7.02	348
10.17	535	9.39	488	8.60	441	7.81	394	7.00	347
10.15	534	9.37	487	8.59	440	7.79	393	6.98	346
10.14	533	9.36	486	8.57	439	7.77	392	6.97	345
10.12	532	9.34	485	8.55	438	7.76	391	6.95	344
10.10	531	9.32	484	8.54	437	7.74	390	6.93	343
10.09	530	9.31	483	8.52	436	7.72	389	6.92	342
10.07	529	9.29	482	8.50	435	7.70	388	6.90	341
10.05	528	9.27	481	8.48	434	7.69	387	6.88	340
10.04	527	9.26	480	8.47	433	7.67	386	6.86	339
10.02	526	9.24	479	8.45	432	7.65	385	6.85	338
10.00	525	9.22	478	8.43	431	7.64	384	6.83	337
9.99	524	9.21	477	8.42	430	7.62	383	6.81	336
9.97	523	9.19	476	8.40	429	7.60	382	6.79	335
9.95	522	9.17	475	8.38	428	7.58	381	6.78	334
9.94	521	9.16	474	8.37	427	7.57	380	6.76	333
9.92	520	9.14	473	8.35	426	7.55	379	6.74	332
9.90	519	9.12	472	8.33	425	7.53	378	6.73	331
9.89	518	9.11	471	8.32	424	7.52	377	6.71	330
9.87	517	9.09	470	8.30	423	7.50	376	6.69	329
9.85	516	9.07	469	8.28	422	7.48	375	6.67	328
9.84	515	9.06	468	8.26	421	7.47	374	6.66	327
9.82	514	9.04	467	8.25	420	7.45	373	6.64	326
9.80	513	9.02	466	8.23	419	7.43	372	6.62	325
9.79	512	9.01	465	8.21	418	7.41	371	6.60	324
9.77	511	8.99	464	8.20	417	7.40	370	6.59	323
9.76	510	8.97	463	8.18	416	7.38	369	6.57	322
9.74	509	8.96	462	8.16	415	7.36	368	6.55	321
9.72	508	8.94	461	8.15	414	7.35	367	6.53	320
9.71	507	8.92	460	8.13	413	7.33	366	6.52	319
9.69	506	8.91	459	8.11	412	7.31	365	6.50	318
9.67	505	8.89	458	8.10	411	7.29	364	6.48	317
9.66	504	8.87	457	8.08	410	7.28	363	6.47	316
9.64	503	8.85	456	8.06	409	7.26	362	6.45	315
9.62	502	8.84	455	8.04	408	7.24	361	6.43	314
9.61	501	8.82	454	8.03	407	7.23	360	6.41	313
9.59	500	8.80	453	8.01	406	7.21	359	6.40	312
9.57	499	8.79	452	7.99	405	7.19	358	6.38	311
9.56	498	8.77	451	7.98	404	7.17	357	6.36	310
9.54	497	8.75	450	7.96	403	7.16	356	6.34	309
9.52	496	8.74	449	7.94	402	7.14	355	6.33	308



## ATHLETICS

Pentathlon Third Event – Shot Put (Score recorded in meters/centimeters)

SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS
6.31	307	5.49	260	4.65	213	3.81	166	2.96	119
6.29	306	5.47	259	4.64	212	3.79	165	2.94	118
6.27	305	5.45	258	4.62	211	3.77	164	2.92	117
6.26	304	5.43	257	4.60	210	3.76	163	2.90	116
6.24	303	5.42	256	4.58	209	3.74	162	2.88	115
6.22	302	5.40	255	4.56	208	3.72	161	2.86	114
6.20	301	5.38	254	4.55	207	3.70	160	2.85	113
6.19	300	5.36	253	4.53	206	3.68	159	2.83	112
6.17	299	5.35	252	4.51	205	3.67	158	2.81	111
6.15	298	5.33	251	4.49	204	3.65	157	2.79	110
6.13	297	5.31	250	4.47	203	3.63	156	2.77	109
6.12	296	5.29	249	4.46	202	3.61	155	2.75	108
6.10	295	5.27	248	4.44	201	3.59	154	2.74	107
6.08	294	5.26	247	4.42	200	3.57	153	2.72	106
6.06	293	5.24	246	4.40	199	3.56	152	2.70	105
6.05	292	5.22	245	4.39	198	3.54	151	2.68	104
6.03	291	5.20	244	4.37	197	3.52	150	2.66	103
6.01	290	5.19	243	4.35	196	3.50	149	2.64	102
5.99	289	5.17	242	4.33	195	3.48	148	2.63	101
5.98	288	5.15	241	4.31	194	3.47	147	2.61	100
5.96	287	5.13	240	4.30	193	3.45	146	2.59	99
5.94	286	5.12	239	4.28	192	3.43	145	2.57	98
5.93	285	5.10	238	4.26	191	3.41	144	2.55	97
5.91	284	5.08	237	4.24	190	3.39	143	2.53	96
5.89	283	5.06	236	4.22	189	3.38	142	2.52	95
5.87	282	5.04	235	4.21	188	3.36	141	2.50	94
5.85	281	5.03	234	4.19	187	3.34	140	2.48	93
5.84	280	5.01	233	4.17	186	3.32	139	2.46	92
5.82	279	4.99	232	4.15	185	3.30	138	2.44	91
5.80	278	4.97	231	4.13	184	3.28	137	2.42	90
5.78	277	4.96	230	4.12	183	3.27	136	2.40	89
5.77	276	4.94	229	4.10	182	3.25	135	2.39	88
5.75	275	4.92	228	4.08	181	3.23	134	2.37	87
5.73	274	4.90	227	4.06	180	3.21	133	2.35	86
5.71	273	4.88	226	4.04	179	3.19	132	2.33	85
5.70	272	4.87	225	4.03	178	3.17	131	2.31	84
5.68	271	4.85	224	4.01	177	3.16	130	2.29	83
5.66	270	4.83	223	3.99	176	3.14	129	2.28	82
5.64	269	4.81	222	3.97	175	3.12	128	2.26	81
5.63	268	4.80	221	3.95	174	3.10	127	2.24	80
5.61	267	4.78	220	3.94	173	3.08	126	2.22	79
5.59	266	4.76	219	3.92	172	3.07	125	2.20	78
5.57	265	4.74	218	3.90	171	3.05	124	2.18	77
5.56	264	4.72	217	3.88	170	3.03	123	2.16	76
5.54	263	4.71	216	3.86	169	3.01	122	2.15	75
5.52	262	4.69	215	3.85	168	2.99	121	2.13	74
5.50	261	4.67	214	3.83	167	2.97	120	2.11	73



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**ATHLETICS****Pentathlon Third Event – Shot Put (Score recorded in meters/centimeters)**

SCORE	POINTS	SCORE	POINTS
2.09	72	1.21	25
2.07	71	1.19	24
2.05	70	1.17	23
2.03	69	1.16	22
2.01	68	1.14	21
2.00	67	1.12	20
1.98	66	1.10	19
1.96	65	1.08	18
1.94	64	1.06	17
1.92	63	1.04	16
1.90	62	1.02	15
1.89	61	1.01	14
1.87	60	0.99	13
1.85	59	0.97	12
1.83	58	0.95	11
1.81	57	0.93	10
1.79	56	0.91	9
1.77	55	0.89	8
1.75	54	0.87	7
1.74	53	0.85	6
1.72	52	0.84	5
1.70	51	0.82	4
1.68	50	0.80	3
1.66	49	0.78	2
1.64	48	0.76	1
1.62	47		
1.61	46		
1.59	45		
1.57	44		
1.55	43		
1.53	42		
1.51	41		
1.49	40		
1.47	39		
1.46	38		
1.44	37		
1.42	36		
1.40	35		
1.38	34		
1.36	33		
1.34	32		
1.32	31		
1.31	30		
1.29	29		
1.27	28		
1.25	27		
1.23	26		



## ATHLETICS

### Pentathlon Fourth Event – High Jump (Score recorded in meters/centimeters)

SCORE	POINTS	SCORE	POINTS	SCORE	POINTS
2.29	1200	1.82	799	1.35	438
2.28	1191	1.81	791	1.34	430
2.27	1182	1.80	783	1.33	423
2.26	1173	1.79	775	1.32	416
2.25	1164	1.78	767	1.31	409
2.24	1155	1.77	759	1.30	401
2.23	1146	1.76	751	1.29	394
2.22	1138	1.75	743	1.28	387
2.21	1129	1.74	735	1.27	380
2.20	1120	1.73	727	1.26	373
2.19	1111	1.72	719	1.25	366
2.18	1102	1.71	711	1.24	359
2.17	1094	1.70	703	1.23	351
2.16	1085	1.69	695	1.22	344
2.15	1076	1.68	688	1.21	337
2.14	1068	1.67	680	1.20	330
2.13	1059	1.66	672	1.19	323
2.12	1050	1.65	664	1.18	316
2.11	1042	1.64	656	1.17	309
2.10	1033	1.63	649	1.16	302
2.09	1025	1.62	641	1.15	295
2.08	1016	1.61	633	1.14	288
2.07	1007	1.60	625	1.13	282
2.06	999	1.59	618	1.12	275
2.05	990	1.58	610	1.11	268
2.04	982	1.57	602	1.10	261
2.03	973	1.56	595	1.09	254
2.02	965	1.55	587	1.08	247
2.01	957	1.54	579	1.07	240
2.00	948	1.53	572	1.06	234
1.99	940	1.52	564	1.05	227
1.98	931	1.51	556	1.04	220
1.97	923	1.50	549	1.03	213
1.96	915	1.49	541	1.02	207
1.95	906	1.48	534	1.01	200
1.94	898	1.47	526	1.00	193
1.93	890	1.46	519	0.99	187
1.92	881	1.45	511	0.98	180
1.91	873	1.44	504	0.97	173
1.90	865	1.43	497	0.96	167
1.89	857	1.42	489	0.95	160
1.88	848	1.41	482	0.94	153
1.87	840	1.40	474	0.93	147
1.86	832	1.39	467	0.92	140
1.85	824	1.38	460	0.91	134
1.84	816	1.37	452	0.90	127
1.83	808	1.36	445		



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**ATHLETICS****Pentathlon Fifth Event – 400 Meter Race (Score recorded in seconds.hundreths)**

SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS
45.40	1200	46.29	1153	47.22	1106	48.16	1059
45.41	1199	46.31	1152	47.23	1105	48.18	1058
45.43	1198	46.33	1151	47.25	1104	48.20	1057
45.45	1197	46.35	1150	47.27	1103	48.22	1056
45.47	1196	46.37	1149	47.29	1102	48.24	1055
45.49	1195	46.39	1148	47.31	1101	48.26	1054
45.51	1194	46.41	1147	47.33	1100	48.28	1053
45.53	1193	46.43	1146	47.35	1099	48.30	1052
45.55	1192	46.45	1145	47.37	1098	48.32	1051
45.57	1191	46.47	1144	47.39	1097	48.34	1050
45.58	1190	46.49	1143	47.41	1096	48.36	1049
45.60	1189	46.51	1142	47.43	1095	48.38	1048
45.62	1188	46.53	1141	47.45	1094	48.40	1047
45.64	1187	46.55	1140	47.47	1093	48.42	1046
45.66	1186	46.57	1139	47.49	1092	48.44	1045
45.68	1185	46.59	1138	47.51	1091	48.46	1044
45.70	1184	46.61	1137	47.53	1090	48.49	1043
45.72	1183	46.62	1136	47.55	1089	48.51	1042
45.74	1182	46.64	1135	47.57	1088	48.53	1041
45.76	1181	46.66	1134	47.59	1087	48.55	1040
45.78	1180	46.68	1133	47.61	1086	48.57	1039
45.79	1179	46.70	1132	47.63	1085	48.59	1038
45.81	1178	46.72	1131	47.65	1084	48.61	1037
45.83	1177	46.74	1130	47.67	1083	48.63	1036
45.85	1176	46.76	1129	47.69	1082	48.65	1035
45.87	1175	46.78	1128	47.71	1081	48.67	1034
45.89	1174	46.80	1127	47.73	1080	48.69	1033
45.91	1173	46.82	1126	47.75	1079	48.71	1032
45.93	1172	46.84	1125	47.77	1078	48.73	1031
45.95	1171	46.86	1124	47.79	1077	48.75	1030
45.97	1170	46.88	1123	47.81	1076	48.77	1029
45.99	1169	46.90	1122	47.83	1075	48.79	1028
46.01	1168	46.92	1121	47.85	1074	48.81	1027
46.02	1167	46.94	1120	47.87	1073	48.84	1026
46.04	1166	46.96	1119	47.90	1072	48.86	1025
46.06	1165	46.98	1118	47.92	1071	48.88	1024
46.08	1164	47.00	1117	47.94	1070	48.90	1023
46.10	1163	47.02	1116	47.96	1069	48.92	1022
46.12	1162	47.04	1115	47.98	1068	48.94	1021
46.14	1161	47.06	1114	48.00	1067	48.96	1020
46.16	1160	47.08	1113	48.02	1066	48.98	1019
46.18	1159	47.10	1112	48.04	1065	49.00	1018
46.20	1158	47.12	1111	48.06	1064	49.02	1017
46.22	1157	47.14	1110	48.08	1063	49.04	1016
46.24	1156	47.16	1109	48.10	1062	49.06	1015
46.26	1155	47.18	1108	48.12	1061	49.08	1014
46.28	1154	47.20	1107	48.14	1060	49.11	1013



## ATHLETICS

Pentathlon Fifth Event – 400 Meter Race (Score recorded in seconds.hundreths)

SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS
49.13	1012	50.12	965	51.14	918	52.20	871
49.15	1011	50.14	964	51.17	917	52.22	870
49.17	1010	50.16	963	51.19	916	52.24	869
49.19	1009	50.19	962	51.21	915	52.27	868
49.21	1008	50.21	961	51.23	914	52.29	867
49.23	1007	50.23	960	51.25	913	52.31	866
49.25	1006	50.25	959	51.28	912	52.34	865
49.27	1005	50.27	958	51.30	911	52.36	864
49.29	1004	50.29	957	51.32	910	52.38	863
49.31	1003	50.31	956	51.34	909	52.40	862
49.34	1002	50.34	955	51.37	908	52.43	861
49.36	1001	50.36	954	51.39	907	52.45	860
49.38	1000	50.38	953	51.41	906	52.47	859
49.40	999	50.40	952	51.43	905	52.50	858
49.42	998	50.42	951	51.45	904	52.52	857
49.44	997	50.44	950	51.48	903	52.54	856
49.46	996	50.47	949	51.50	902	52.57	855
49.48	995	50.49	948	51.52	901	52.59	854
49.50	994	50.51	947	51.54	900	52.61	853
49.52	993	50.53	946	51.57	899	52.64	852
49.55	992	50.55	945	51.59	898	52.66	851
49.57	991	50.57	944	51.61	897	52.68	850
49.59	990	50.60	943	51.63	896	52.70	849
49.61	989	50.62	942	51.66	895	52.73	848
49.63	988	50.64	941	51.68	894	52.75	847
49.65	987	50.66	940	51.70	893	52.77	846
49.67	986	50.68	939	51.72	892	52.80	845
49.69	985	50.70	938	51.75	891	52.82	844
49.72	984	50.73	937	51.77	890	52.84	843
49.74	983	50.75	936	51.79	889	52.87	842
49.76	982	50.77	935	51.81	888	52.89	841
49.78	981	50.79	934	51.84	887	52.91	840
49.80	980	50.81	933	51.86	886	52.94	839
49.82	979	50.84	932	51.88	885	52.96	838
49.84	978	50.86	931	51.90	884	52.98	837
49.86	977	50.88	930	51.93	883	53.01	836
49.89	976	50.90	929	51.95	882	53.03	835
49.91	975	50.92	928	51.97	881	53.05	834
49.93	974	50.95	927	51.99	880	53.08	833
49.95	973	50.97	926	52.02	879	53.10	832
49.97	972	50.99	925	52.04	878	53.12	831
49.99	971	51.01	924	52.06	877	53.15	830
50.01	970	51.03	923	52.09	876	53.17	829
50.04	969	51.06	922	52.11	875	53.19	828
50.06	968	51.08	921	52.13	874	53.22	827
50.08	967	51.10	920	52.15	873	53.24	826
50.10	966	51.12	919	52.18	872	53.27	825

**ATHLETICS****Pentathlon Fifth Event – 400 Meter Race (Score recorded in seconds.hundreths)**

SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS
53.29	824	54.42	777	55.59	730	56.81	683
53.31	823	54.44	776	55.61	729	56.83	682
53.34	822	54.47	775	55.64	728	56.86	681
53.36	821	54.49	774	55.66	727	56.89	680
53.38	820	54.51	773	55.69	726	56.91	679
53.41	819	54.54	772	55.71	725	56.94	678
53.43	818	54.56	771	55.74	724	56.97	677
53.45	817	54.59	770	55.77	723	56.99	676
53.48	816	54.61	769	55.79	722	57.02	675
53.50	815	54.64	768	55.82	721	57.05	674
53.53	814	54.66	767	55.84	720	57.07	673
53.55	813	54.69	766	55.87	719	57.10	672
53.57	812	54.71	765	55.89	718	57.13	671
53.60	811	54.74	764	55.92	717	57.15	670
53.62	810	54.76	763	55.95	716	57.18	669
53.64	809	54.79	762	55.97	715	57.21	668
53.67	808	54.81	761	56.00	714	57.23	667
53.69	807	54.84	760	56.02	713	57.26	666
53.72	806	54.86	759	56.05	712	57.29	665
53.74	805	54.88	758	56.07	711	57.31	664
53.76	804	54.91	757	56.10	710	57.34	663
53.79	803	54.93	756	56.13	709	57.37	662
53.81	802	54.96	755	56.15	708	57.39	661
53.84	801	54.98	754	56.18	707	57.42	660
53.86	800	55.01	753	56.20	706	57.45	659
53.88	799	55.03	752	56.23	705	57.48	658
53.91	798	55.06	751	56.26	704	57.50	657
53.93	797	55.08	750	56.28	703	57.53	656
53.96	796	55.11	749	56.31	702	57.56	655
53.98	795	55.13	748	56.33	701	57.58	654
54.00	794	55.16	747	56.36	700	57.61	653
54.03	793	55.18	746	56.39	699	57.64	652
54.05	792	55.21	745	56.41	698	57.67	651
54.08	791	55.23	744	56.44	697	57.69	650
54.10	790	55.26	743	56.46	696	57.72	649
54.12	789	55.28	742	56.49	695	57.75	648
54.15	788	55.31	741	56.52	694	57.78	647
54.17	787	55.33	740	56.54	693	57.80	646
54.20	786	55.36	739	56.57	692	57.83	645
54.22	785	55.38	738	56.60	691	57.86	644
54.25	784	55.41	737	56.62	690	57.89	643
54.27	783	55.44	736	56.65	689	57.91	642
54.29	782	55.46	735	56.67	688	57.94	641
54.32	781	55.49	734	56.70	687	57.97	640
54.34	780	55.51	733	56.73	686	58.00	639
54.37	779	55.54	732	56.75	685	58.02	638
54.39	778	55.56	731	56.78	684	58.05	637



## ATHLETICS

Pentathlon Fifth Event – 400 Meter Race (Score recorded in seconds.hundreths)

SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS
58.08	636	59.41	589	60.82	542	62.32	495
58.11	635	59.44	588	60.85	541	62.35	494
58.13	634	59.47	587	60.88	540	62.38	493
58.16	633	59.50	586	60.92	539	62.42	492
58.19	632	59.53	585	60.95	538	62.45	491
58.22	631	59.56	584	60.98	537	62.48	490
58.25	630	59.59	583	61.01	536	62.52	489
58.27	629	59.62	582	61.04	535	62.55	488
58.30	628	59.65	581	61.07	534	62.58	487
58.33	627	59.68	580	61.10	533	62.61	486
58.36	626	59.71	579	61.13	532	62.65	485
58.39	625	59.74	578	61.16	531	62.68	484
58.41	624	59.77	577	61.20	530	62.71	483
58.44	623	59.80	576	61.23	529	62.75	482
58.47	622	59.83	575	61.26	528	62.78	481
58.50	621	59.86	574	61.29	527	62.81	480
58.53	620	59.89	573	61.32	526	62.85	479
58.55	619	59.92	572	61.35	525	62.88	478
58.58	618	59.94	571	61.38	524	62.92	477
58.61	617	59.97	570	61.42	523	62.95	476
58.64	616	60.00	569	61.45	522	62.98	475
58.67	615	60.03	568	61.48	521	63.02	474
58.70	614	60.06	567	61.51	520	63.05	473
58.72	613	60.09	566	61.54	519	63.08	472
58.75	612	60.12	565	61.57	518	63.12	471
58.78	611	60.15	564	61.61	517	63.15	470
58.81	610	60.18	563	61.64	516	63.19	469
58.84	609	60.21	562	61.67	515	63.22	468
58.87	608	60.24	561	61.70	514	63.26	467
58.90	607	60.27	560	61.73	513	63.29	466
58.92	606	60.30	559	61.77	512	63.32	465
58.95	605	60.33	558	61.80	511	63.36	464
58.98	604	60.37	557	61.83	510	63.39	463
59.01	603	60.40	556	61.86	509	63.43	462
59.04	602	60.43	555	61.89	508	63.46	461
59.07	601	60.46	554	61.93	507	63.50	460
59.10	600	60.49	553	61.96	506	63.53	459
59.13	599	60.52	552	61.99	505	63.57	458
59.15	598	60.55	551	62.02	504	63.60	457
59.18	597	60.58	550	62.06	503	63.64	456
59.21	596	60.61	549	62.09	502	63.67	455
59.24	595	60.64	548	62.12	501	63.70	454
59.27	594	60.67	547	62.15	500	63.74	453
59.30	593	60.70	546	62.19	499	63.77	452
59.33	592	60.73	545	62.22	498	63.81	451
59.36	591	60.76	544	62.25	497	63.84	450
59.39	590	60.79	543	62.28	496	63.88	449

**ATHLETICS****Pentathlon Fifth Event – 400 Meter Race (Score recorded in seconds.hundreths)**

SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS
63.92	448	65.64	401	67.54	354	69.66	307
63.95	447	65.68	400	67.58	353	69.71	306
63.99	446	65.72	399	67.62	352	69.75	305
64.02	445	65.76	398	67.66	351	69.80	304
64.06	444	65.80	397	67.71	350	69.85	303
64.09	443	65.84	396	67.75	349	69.90	302
64.13	442	65.87	395	67.79	348	69.95	301
64.16	441	65.91	394	67.84	347	70.00	300
64.20	440	65.95	393	67.88	346	70.20	299
64.24	439	65.99	392	67.92	345	70.40	298
64.27	438	66.03	391	67.97	344	70.60	297
64.31	437	66.07	390	68.01	343	70.80	296
64.34	436	66.11	389	68.05	342	71.00	295
64.38	435	66.15	388	68.10	341	71.20	294
64.41	434	66.19	387	68.14	340	71.40	293
64.45	433	66.23	386	68.18	339	71.61	292
64.49	432	66.27	385	68.23	338	71.81	291
64.52	431	66.31	384	68.27	337	72.01	290
64.56	430	66.35	383	68.32	336	72.21	289
64.60	429	66.39	382	68.36	335	72.42	288
64.63	428	66.43	381	68.41	334	72.62	287
64.67	427	66.47	380	68.45	333	72.83	286
64.71	426	66.51	379	68.50	332	73.03	285
64.74	425	66.55	378	68.54	331	73.23	284
64.78	424	66.59	377	68.59	330	73.44	283
64.82	423	66.63	376	68.63	329	73.64	282
64.85	422	66.67	375	68.68	328	73.85	281
64.89	421	66.71	374	68.72	327	74.06	280
64.93	420	66.75	373	68.77	326	74.26	279
64.96	419	66.79	372	68.81	325	74.47	278
65.00	418	66.83	371	68.86	324	74.68	277
65.04	417	66.87	370	68.90	323	74.89	276
65.08	416	66.91	369	68.95	322	75.09	275
65.11	415	66.95	368	69.00	321	75.30	274
65.15	414	66.99	367	69.04	320	75.51	273
65.19	413	67.03	366	69.09	319	75.72	272
65.23	412	67.08	365	69.14	318	75.93	271
65.26	411	67.12	364	69.18	317	76.14	270
65.30	410	67.16	363	69.23	316	76.35	269
65.34	409	67.20	362	69.28	315	76.56	268
65.38	408	67.24	361	69.32	314	76.77	267
65.41	407	67.28	360	69.37	313	76.98	266
65.45	406	67.33	359	69.42	312	77.19	265
65.49	405	67.37	358	69.47	311	77.41	264
65.53	404	67.41	357	69.51	310	77.62	263
65.57	403	67.45	356	69.56	309	77.83	262
65.60	402	67.49	355	69.61	308	78.05	261



## ATHLETICS

Pentathlon Fifth Event – 400 Meter Race (Score recorded in seconds.hundreths)

SCORE	POINTS	SCORE	POINTS	SCORE	POINTS	SCORE	POINTS
78.26	260	88.82	213	100.62	166	114.24	119
78.47	259	89.06	212	100.89	165	114.56	118
78.69	258	89.30	211	101.16	164	114.88	117
78.90	257	89.54	210	101.43	163	115.19	116
79.12	256	89.77	209	101.70	162	115.51	115
79.34	255	90.01	208	101.97	161	115.84	114
79.55	254	90.25	207	102.25	160	116.16	113
79.77	253	90.49	206	102.52	159	116.48	112
79.99	252	90.73	205	102.79	158	116.81	111
80.20	251	90.97	204	103.07	157	117.14	110
80.42	250	91.22	203	103.34	156	117.47	109
80.64	249	91.46	202	103.62	155	117.80	108
80.86	248	91.70	201	103.90	154	118.13	107
81.08	247	91.95	200	104.17	153	118.46	106
81.30	246	92.19	199	104.45	152	118.80	105
81.52	245	92.43	198	104.73	151	119.13	104
81.74	244	92.68	197	105.02	150	119.47	103
81.96	243	92.93	196	105.30	149	119.81	102
82.18	242	93.17	195	105.58	148	120.15	101
82.41	241	93.42	194	105.86	147	120.50	100
82.63	240	93.67	193	106.15	146	120.84	99
82.85	239	93.92	192	106.43	145	121.19	98
83.07	238	94.17	191	106.72	144	121.54	97
83.30	237	94.42	190	107.01	143	121.89	96
83.52	236	94.67	189	107.30	142	122.24	95
83.75	235	94.92	188	107.59	141	122.59	94
83.97	234	95.17	187	107.88	140	122.95	93
84.20	233	95.42	186	108.17	139	123.31	92
84.43	232	95.68	185	108.46	138	123.67	91
84.65	231	95.93	184	108.76	137	124.03	90
84.88	230	96.18	183	109.05	136	124.39	89
85.11	229	96.44	182	109.35	135	124.76	88
85.34	228	96.70	181	109.64	134	125.12	87
85.57	227	96.95	180	109.94	133	125.49	86
85.79	226	97.21	179	110.24	132	125.87	85
86.02	225	97.47	178	110.54	131	126.24	84
86.25	224	97.73	177	110.84	130	126.62	83
86.49	223	97.99	176	111.15	129	126.99	82
86.72	222	98.25	175	111.45	128	127.38	81
86.95	221	98.51	174	111.76	127	127.76	80
87.18	220	98.77	173	112.06	126	128.14	79
87.41	219	99.03	172	112.37	125	128.53	78
87.65	218	99.30	171	112.68	124	128.92	77
87.88	217	99.56	170	112.99	123	129.31	76
88.12	216	99.83	169	113.30	122	129.71	75
88.35	215	100.09	168	113.61	121	130.11	74
88.59	214	100.36	167	113.93	120	130.51	73



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**ATHLETICS****Pentathlon Fifth Event – 400 Meter Race (Score recorded in seconds.hundreths)**

SCORE	POINTS	SCORE	POINTS
130.91	72	154.73	25
131.33	71	155.41	24
131.73	70	156.11	23
132.14	69	156.82	22
132.56	68	157.55	21
132.98	67	158.29	20
133.40	66	159.05	19
133.82	65	159.83	18
134.23	64	160.64	17
134.68	63	161.46	16
135.11	62	162.31	15
135.55	61	163.18	14
135.99	60	164.09	13
136.44	59	165.02	12
136.88	58	166.00	11
137.34	57	167.02	10
137.79	56	168.08	9
138.25	55	169.20	8
138.71	54	170.38	7
139.18	53	171.64	6
139.66	52	172.99	5
140.14	51	174.45	4
140.62	50	176.07	3
141.10	49	177.90	2
141.59	48	180.00	1
142.09	47		
142.59	46		
143.10	45		
143.61	44		
144.13	43		
144.65	42		
145.18	41		
145.72	40		
146.26	39		
146.81	38		
147.37	37		
147.93	36		
148.50	35		
149.08	34		
149.67	33		
150.27	32		
150.87	31		
151.49	30		
152.11	29		
152.75	28		
153.40	27		
154.06	26		